



Wednesday, 6 June 2018

Dear Parents and Caregivers,

During Weeks 6, 7, 8 and 10 of Term 2, our Year 6 students will be working on the '*Positive Puberty*' unit of the curriculum. The students will take part in two sessions which will be facilitated by Heather Cave. Heather is our Public Health Nurse and leads Puberty Matters.

The learning outcomes for this unit will enable students to work towards the achievement objectives for Health and Physical Education in the New Zealand Curriculum.

This unit of work will provide students with the knowledge, understandings, and skills to develop positive attitudes towards the changes that they will experience during puberty.

Through the key concepts of this unit, students will learn about;

- Physical, mental, emotional and social development that occur, and the new needs that arise during puberty
- Strategies to manage the changes they will experience.

Lesson topics will include;

- Physical and emotional changes which occur during puberty
- Anatomy and Physiology of the Reproductive System (boys and girls will have separate sessions)
- Hygiene in relation to pubertal change

Lessons begin this Friday 8 June. We apologise for the late notice. If you wish your son or daughter to be withdrawn from the class, please make this known in writing or email to your child's classroom teacher before **Friday 8 June 2018**.

Kind regards,

Ritesh Chand