419 Sandringham Rd, Sandringham, Auckland 1025 • Phone 09 846 6340 • Email office@edendale.school.nz



20 August 2021

Kia ora koutou, as you will have heard this afternoon Tāmaki Makaurau Auckland is staying at COVID Alert Level 4 until at least Tuesday midnight next week. We will find out more on Monday from the Government.

Our Edendale staff hope that you and your families are well and are safe. We understand that this lockdown will have come as a bit of a shock, as it did for all of us. Luckily we have been here before and are well set up for our online learning platforms. Hopefully you have been communicated with by our teachers and already connected with them on the ZOOMs already available. If you are not receiving communications, please email your teachers and they will respond as soon as they can (please note this may take a day or two as they are busy with online learning and the immense preparation that goes with this type of learning).

This means that our THINK, LEARN, CREATE programme [
http://www.edendale.school.nz/learning-home] will continue until further notice along with the ZOOM hui children are participating in.

The Teacher Only Day [ToD] planned for Friday 27th August next week is going to be postponed and online learning and contact by teaching staff will go ahead instead if we are still in lockdown. We will update you all at a later date around when the ToD will be rescheduled. Possible dates are Friday 1st October [last day of term 3], Tuesday 26th October or Monday 15th November. We will keep you posted.

Have a restful weekend and we will see you next week [virtually].

Agencies you can contact for assistance at this time:

Many families may find it tough going back into Alert Level 4. It can be challenging having children at home, being cut off from family and friends, trying to make ends meet and have high stress levels.

For people with disabilities or autism and their support people, the Explore 0800 000421 phone service is available to provide advice or support. This includes advice or support around challenging behaviours. To access this service, you don't need a referral and it doesn't matter whether you're new to Explore, currently on their waitlist or you've worked with them previously. The service is available Monday to Friday 9.00am–5.00pm. When you phone the 0800 number you will be connected with an administrator who will then book you an appointment with one of the specialists.

If you or anyone you know wants some advice or support over this time here are some further options that might be useful.

Support services that remain open:

- Women's Refuge 0800REFUGE or 0800 733 843
- Shine 0508 744 633
- Alcohol and Drug Helpline 0800 787 797
- Oranga Tamariki call centre 0508FAMILY
- CADS 0800 367 222
- Narcotics Anonymous 0800 628 632
- Alcoholics Anonymous 0800 229 6757
- Lifeline 0800 543 354 or free text 4357
- Youthline 0800 376 633 or free text 234
- Samaritans 0800 726 666
- Outline (LGBT) 0800 688 5463
- Depression Helpline 0800 111 757
- Suicide Prevention Helpline 0508 828 865
- The Fono West (Social Services) 09 837 1780
- Counselling Free Call or Text 1737
- Healthline for COVID-19 health advice: 0800 358 5453
- Work and Income services centres are closed. However, you can apply for assistance via MyMSD or phone the contact centre on 0800 559 009.
- If you need some assistance with food these food banks may be able to help.

 Call first for instructions of how they are operating to ensure physical distancing:
- Auckland City Mission (City) 09 303 9200
- Salvation Army (Henderson) 09 837 4471
- Vinnies Auckland (Newton) 09 815 6122 or 0800 6800
- Hope Centre (New Lynn) 02108048436
- Vision West (Glen Eden) 09 818 0716 Mon, Wed, Fri only

If you're in Auckland, the Auckland Emergency Management website may be useful.

If you know someone who needs financial assistance, please tell him/her to call the free government helpline 0800 779 997 (8am–1am, seven days a week).

If you know someone is feeling anxious, frustrated or needs a listening ear, they can call or text 1737 to talk with a trained counsellor. It is free 24 hours a day, seven days a week.